

Results CL4L Evaluation

Transnational Meeting 10-12 May 2023 (Verona)

1. General totpic

Participants are asked to rate the workshop using the scale:

The scale: 1 = very poor, 2 = poor, 3 = satisfactory, 4 = good, 5 = excellent

Score: The statistical average score of the criteria (Mean)

Cohesion: The statistical average of deviation on the mean (Standard Deviation)

Note 1: A standard deviation of less than .60 indicates a strong cohesion among the participants.

Cohesion with a higher variation as 0,60 is marked with Orange

Note 2: Blue: Workshops on Cognitive Life Skills

Yellow: Workshops on Emotional Life Skills

Orange: Workshops on Social Life Skills

Green: Improvement in Score

Red: No improvement in Score

Note 3: 1st round: The first round of Life Skills workshops

2nd round: The second round of Life Skills workshops

Difference: The difference in score between the 2nd round and the 1st round

Total: The total Scores and Cohesion of the Life Skills workshops

WORKSHOPS		1st round		2nd round		DIFFERENCE	Total	
		Score	Cohesion	Score	Cohesion		Score	Cohesion
Session 1: Problem Solving	GVB	4,71	0,49	4,43	0,53	-0,29	4,57	0,51
Session 2: Coping with Emotions	RC	4,75	0,46	4,86	0,38	0,11	4,79	0,43
Session 3: Effective Communication	MC	4,67	0,52	4,40	0,55	-0,27	4,55	0,52
Session 4: Creative thinking	RC	4,63	0,52	4,17	0,98	-0,46	4,43	0,76
Session 5: Self-Awareness	GVB	4,75	0,46	4,67	0,58	-0,08	4,73	0,47
Session 6: Interpersonal Relationship	MC	4,75	0,50	4,43	0,53	-0,32	4,55	0,52
Session 7: Critical Thinking	GVB	4,33	0,71	4,67	0,71	0,33	4,47	0,72
Session 8: Coping with Stress	MC	4,75	0,50	4,57	0,53	-0,18	4,64	0,50
Session 9: Empathy	RC	4,63	0,52	4,40	0,55	-0,23	4,54	0,52
TOTAL		4,66	0,52	4,51	0,59		4,58	0,55



2. Specific topic`

Participants are asked to rate the topics using the scale:

The scale: 1 = very poor, 2 = poor, 3 = satisfactory, 4 = good, 5 = excellent

Score: The statistical average score of the criteria (Mean)

Cohesion: The statistical average of deviation on the mean (Standard Deviation)

Note 1: a standard deviation of less than .60 indicates a strong cohesion among the participants.

Cohesion with a higher variation as 0,60 is marked with Orange

	Topics	Max	Min	Mean	Cohesion
1	Social Dinner	5	4	4,90	0,32
2	Feedback and reflection on Life Skills Workshops	5	3	4,18	0,73
3	Exercise creative way of teaching	5	3	4,56	0,62
4	Debriefing and closure	5	4	4,44	0,51
	The quality of the facilitators:				
5	Birgit Grimbergen (REA College)	5	3	4,56	0,63
6	Guus van Beek (AAQC)	5	3	4,63	0,60
7	Tessa Zaeyen (IAAC)	5	4	4,67	0,49
8	Roberto Canu (4BLS)	5	4	4,61	0,50
9	Giulia Sergiampietri (DOC Servizi)	5	3	4,50	0,63
10	Alberto Ferraro (DOC Servizi)	5	4	4,67	0,49
11	Maurizio Chiappa (4BLS)	5	4	4,70	0,47
12	Individual Feedback on Assessment by Tessa	5	4	4,85	0,38
13	Your involvement in the Transnational Meeting.	5	4	4,41	0,51
14	The possibility to express your ideas.	5	3	4,35	0,59
15	The collaboration between the partners.	5	4	4,42	0,51
16	The documentation (incl. PowerPoints)	5	4	4,45	0,60
17	The organisation of the Transnational Meeting	5	4	4,45	0,60



3. Achieving the objectives of the meeting.

Participants are asked to rate into what extent the learning objectives have been met by using the following scale:

The scale: Not at All; Somewhat; Completely; Don't know

		Completely	Somewhat	No at all		Do not know
18	You are aware of your natural competences in Life Skills	56%	36%	0%		6%
19	You understand the meaning of the 10 Life Skills	61%	39%	0%		0%
20	You understand the difference between Life Skills and Professional Skills	56%	44%	0%		0%
21	You are aware of the limitations in training the 10 Life Skills	56%	23%	0%		11%
22	You are aware of the natural way of Life Skill development	44%	45%	0%		11%
23	You understand the concept of Creative Teaching	50%	39%	0%		11%

How would you value your preparation for the Transnational Meeting?

- *I think I can always improve my preparation, that is not excellent but I think it's good*
- *I read through materials sent about Life Skills. Participated in on-line meetings and session with Tessa*
- *Everything was very clear and any aspect of the meeting was developed in a perfect way.*
- *I read the article and made some notes. I also talked with coworkers about life skills, the importance and how we can use them in our work.*
- *The structure of parallel sessions gave space to all to express themselves in small groups.*
- *I read some articles about Life Skills to improve my theoretical knowledge, it was interesting but most of the material was about life skills in educational fields and school programs, that is not my professional activity.*
- *I think I gave few contributions to the debate.*
- *Reading through the sent materials and making sense of it for myself was not very difficult or time-consuming.*
- *Less preparation for me. I enjoyed the workshops and value them as very meaningful. I have learned a lot.*
- *I worked through all documents. They were understandable.*
- *I read the information and looked up some information*
- *We were well prepared for the meeting, as we were given excellent materials to study. This allowed us to better understand the individual concepts of the life skills discussed at the meeting itself.*
- *Could be a little more focused. Increase the need for preparation. For example, by submitting a self-test. Or announce that the meeting will start with your own explanation/presentation of what you have understood about the Life Skills.*
- *We needed to read the article which we received well in advance the meeting – thank you for that. The article was very good starting point for the sessions; and very useful for me.*



- *I chose a middle ground, because I believe there is always something to learn. I arrived at the meeting very enthusiastic, eager to learn more about Life Skills. I studied the material that had been sent to us in advance and then furthered my study with some articles in the field. So I knew what we were talking about and the significant potential of the topic of Life Skills, however, there is always room for further study, especially with input from experts in the field working in contexts other than Italy. Thank you for this wonderful opportunity for contamination!*
- *For me it was not completely possible to catch up all digital meetings but the e-mails were very clear!*
- *I studied the submitted article and found various hypotheses of application in my teaching practice. I discussed the article with colleagues, to understand what to look into.*
- *I did it well but it did not take me a lot of time. I found it very interesting to read.*
- *I read the articles, I watched similar themes and videos, I thought a lot about life skills and how they are part of me in which field I have stronger parts and where are my weaker parts.*

What would you recommend for the next Transnational Meeting?

- *Feedback questionnaires in Online. Short and with possibility to add comments. Might suggest 3 questions: 1) What liked the most and should be done also next time? 2) What didn't like at all and should be stopped? 3) What should be done differently?*
- *Use more interactive tools for group works and questionnaires.*
- *Take more time for practicing and team works.*
- *Use a lot of examples, tests or games to improve our awareness and understanding of Life Skills and Creative Teaching, like in Verona's parallel sessions.*
- *Maybe more time and space to relax*
- *I recommend to use more physical training at the beginning of any session or, at least in every day of working. To use the body it's also useful to combine mind and action and to relax brain from constantly thinking. Plus, training exercises between a group it's useful to focus the attention on the human relations .*
- *For me, everything was great! I just wish I could go to all of the workshops, because all of them were prepared very well, but I know that there was not enough time.*
- *If it is true (maybe is only my idea!) that other participants work in educational services or disabled services, please give us some experience with adults in unemployment services*
- *It has been very valuable days for me. I have no recommendation (exception: other lunch and good coffee)*
- *I rather wanted / expected to go into more depth with these 10 competences.*
- *Don't let circumstances (traffic jams. Early departure) interfere with the programme. Be flexible if possible, otherwise do the programme as planned.*
- *For the next meeting, I would also suggest that you provide us with materials in advance of the meeting.*
- *Less 'sending of information'. Some workshops were too much like a lecture. This project is about creative teaching (learning). I understand that the focus of this meeting is on understanding the Life Skills. Still, I missed the creative, interactive methods that bring the themes to life and make them understandable.*
- *The overarching 'Why are we doing this?' may also be emphasized more often.*
- *I really enjoyed the meeting, it was very well organised and sessions were very, very good. I would recommend that we receive the PowerPoints just after the meeting (because they were already prepared and were very good) or if possible, that are published in our website*



already during the meeting. The timing was fine, just the steering group meeting was a bit too long (after the whole day of sessions).

- *The creation of more moments of exchange at the large group level and not just small group sharing, because some people unfortunately I didn't get a chance to listen to them and/or hear their opinion during the days spent in Verona.*
- *The transition to 'how do I teach life skills to the students?'*
- *It was very nice to meet you all and I am very interested in the outcome!*
- *Thank you again for everything*
- *I thank you for the many ideas found in this meeting: tomorrow I will apply the first in the classroom, in an experimental way. I'm enthusiastic. It's been 3 tiring days, but of great professional investment. Thank you!*
- *TEA and Coffee in the converage room.*
- *For me it was a really great meeting with lots of valuable themes, where I learned a lot about myself and others. Great job and thank you all.*



22 June 2022

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