CL4L
Creative Learning for Life

AN ERASMUS+ PROJECT
for acquiring Life Skills in Vocational Education and Training

JANUARY. 2024, NEWSLETTER N. 2

SELF-ASSESSMENT TOOL FOR STUDENTS

In the project we will develop various training modules that teachers can use to train their students. But before doing this, we first must **identify the needs for the students**.
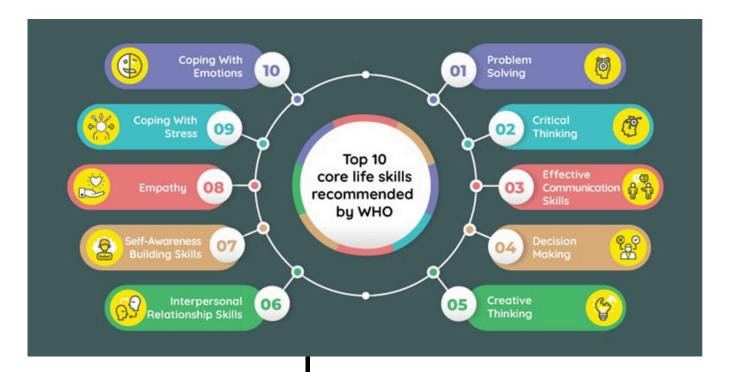
To find out what these needs for training are, the expert partners developed a self-assessment instrument to **assess how students are performing on the 10 Life Skills**. All project partners contributed to the development of the instrument, by prioritising which topics are the most important and by validating the indicators that came out of that work. In the upcoming months, all VET partners will test the tool in order to set a norm: minimum level of performance. When a person performs under this norm for a Life Skill, additional training is recommended.

The tool consists of 50 statements, 5 for each Life Skill, which can be responded in a 7-point scale. When a person fills in the assessment instrument, a personal profile will be generated on which one can see the performance for each Life Skill. This gives information for the teacher to design tailor-made training. The assessment instrument will also generate a profile for a group, so teachers may be able to design and to provide even customized training for an individual and for a group.

SINCE NOVEMBER 2022, EIGHT ORGANIZATIONS FROM THE NETHERLANDS, ITALY, ESTONIA, AND SLOVENIA WORK TOGETHER IN THE PROJECT CREATIVE LEARNING FOR LIFE (CL4L)

THE AIM OF THE PROJECT IS **TO DEVELOP MORE CREATIVE WAYS OF LEARNING** IN SUPPORTING STUDENTS IN VOCATIONAL EDUCATION AND TRAINING (VET) IN **IDENTIFYING AND ACQUIRING LIFE SKILLS**. NON-TRADITIONAL TEACHING METHODS ARE USED. THE **ROLE OF THE INDIVIDUAL TEACHERS** WHO WILL ACQUIRE THESE CREATIVE COMPETENCES IS AN IMPORTANT PILLAR IN THIS PROJECT. THE OTHER PILLAR EMPHASIZES THE **UNDERSTANDING THE CONCEPT OF LIFE SKILLS** AND APPLYING THEM THROUGH **CREATIVE FORMS OF TEACHING AND TRAINING**.

Top 10 core life skills recommended by WHO

- 01 Problem Solving
- 02 Critical Thinking
- 03 Effective Communication Skills
- 04 Decision Making
- 05 Creative Thinking
- 06 Interpersonal Relationship Skills
- 07 Self-Awareness Building Skills
- 08 Empathy
- 09 Coping With Stress
- 10 Coping With Emotions

SOME STATEMENTS OF THE PARTICIPANTS IN THE PROJECT:

"It was a really useful meeting with concrete participation in the workshops. It was good to observe, to participate in the direction of being able to provide feedback to the trainers who prepare the workshops (Padova)."

"It would have been great to have more time for the co-production parts. Everything was very interesting. I recommend continue in this way, creating opportunities for discussion, reflection, and growth."

"It was very nice to already experience a little how the experts in creative teaching will train us in Padova."

"Learning by doing in a creative way is very inspiring for me. Sometimes it is a little out of my comfort zone, but it felt never unsafe."

"The organisation was perfect; the programme was very well timed, and we had enough breaks. It is very important to have activities, such as to know each other at the beginning and energisers between the programme."

Modules for Creative Teaching

In **December 2023**, the project partners came together in **Tallinn (Estonia)** in order to start the process of co-designing the training modules about Creative Teaching linked to all 10 Life Skills.

Goals for the meeting were to **understand the concept of Creative Teaching**; to match Life Skills to different approaches of Creative Teaching and to **co-design the Train-The-Trainer sessions** for the Transnational Meeting in May 2024 in Padova (Italy).

Each Creative Teaching session will be structured according to three key elements:

- ·Creating Awareness
- ·Training of competences
- ·Practicing and how to these competences in Life Skill training/education.

The **goal** of the Transnational Meeting in **May 2024 (Padova)** is that:

Teachers/trainers acquire Creative Teaching competences how to train Life Skills to their students.

As result of the co-production, a compendium with various Creative Teaching methods to train the 10 Life Skills will be developed and made available for other VET-providers.