C4L

Creative Learning *for* Life

AN ERASMUS+ PROJECT

for acquiring Life Skills
in Vocational Education and Training

Co-funded by
the European Union

CREATIVE LEARNING FOR LIFE – CL4L

A Project funded by the **Erasmus+ 2022 KA220-VET** program
Cooperation Partnerships in Vocational Training
funded by the Dutch National Agency for Vocational Training

Lead partner **REA College pluryn (NL)** - VET provider

Partners
Vocational Training Institutes (VET - en. VET): **Venetica (IT)** - **Biotechnical Educational Centre Ljubljana BIC (SI)** - **Tallinna Majanduskool TMK (EE)**

Organizations experienced in creative teaching: **Doc Servizi (IT)** - **CROAN (NL)**

Organizations experienced in Life Skills:
All About Quality AAQC (NE) - **Forbusiness Lifeskills 4B-LS (IT)**

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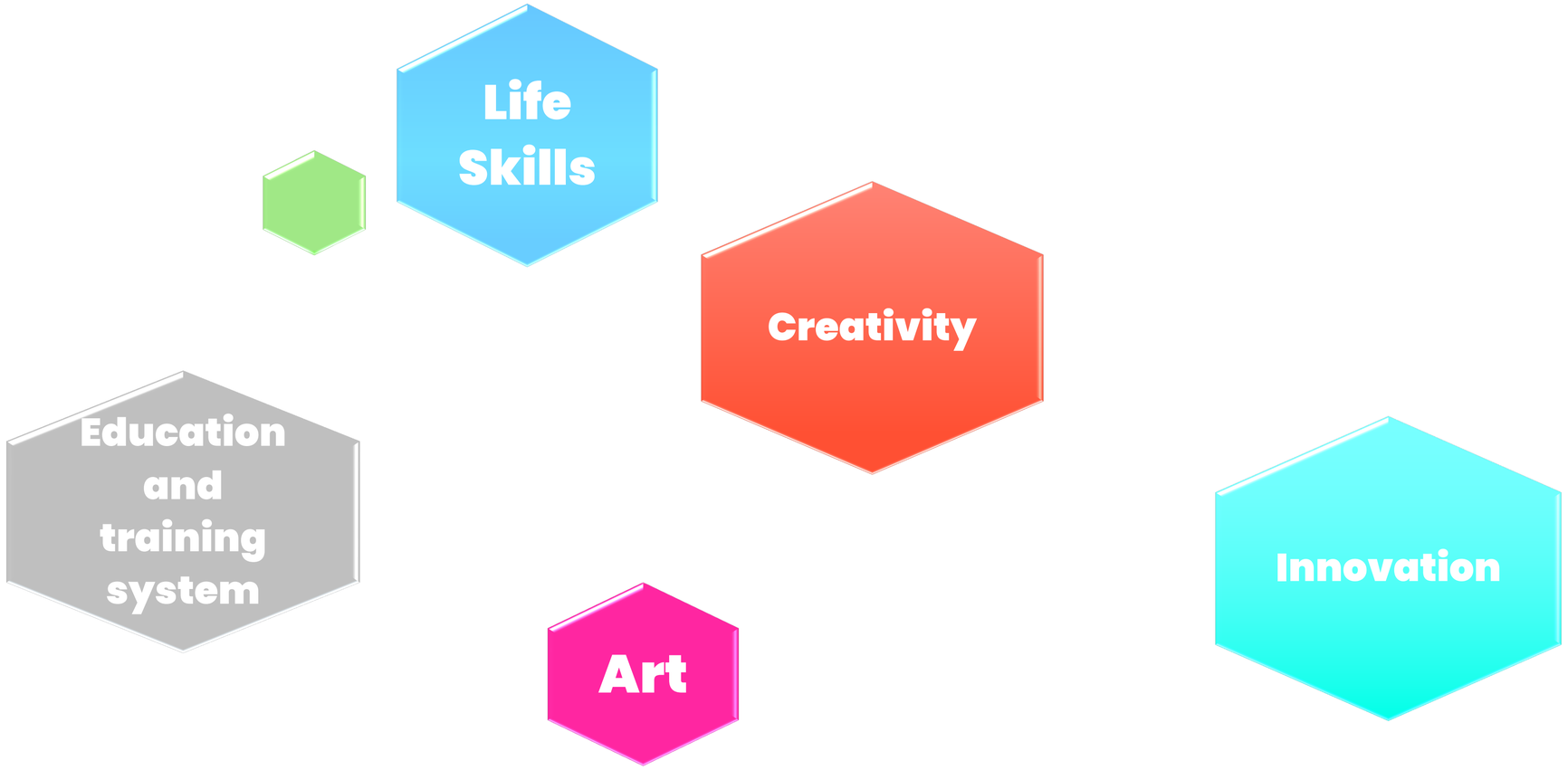


WHO

Project Partners
Trainers of VET Institutions → Participants and Target

WHAT

To co-design creative teaching and training methods to train and teach students the 10 Life Skills

WHY

Changes in the labour market
EU LifeComp framework project
EU Agenda for education and training

SOFT SKILLS

- personality traits
- social competencies
- skills
- knowledge
- abilities

used to perform interpersonal activities and unique tasks.

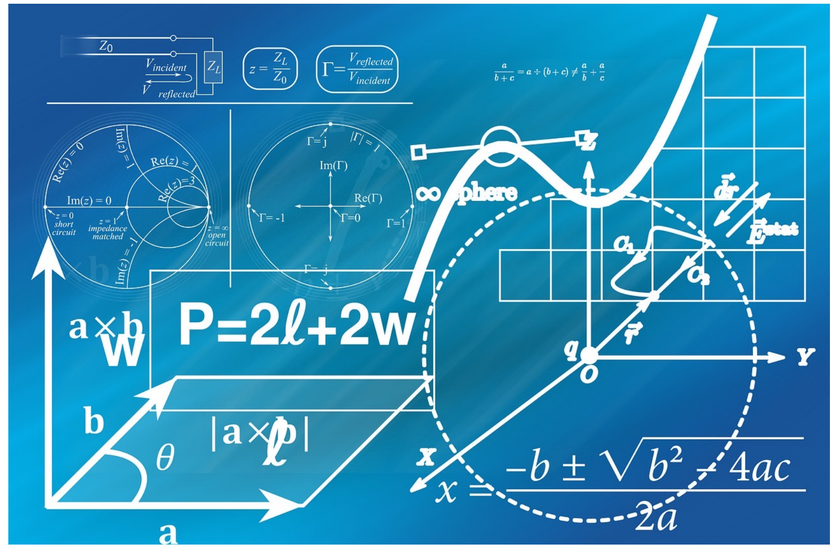
→ context of work and new job-related skill needs

HARD SKILLS

- specific competencies
- skills
- knowledge
- abilities

needed to perform a specific task or role.

Learned through education and professional development.
Usually, they are technical (but not always) and easily measurable.



LIFE SKILLS

A set of social skills
(Soft Skills) that
enable people to function
competently both individually and
socially and that,
before being directed to a
performance task
(work or relationship),
are **fundamental skills related to life as a whole**.

These are clearly defined and
delineated **skills**.

DEFINITION

Life Skills are abilities for adaptive and positive behavior that enable humans to deal effectively with the demands and challenges of life

(World Health Organisation, 1993)

The set of Life Skills identified by the **WHO** consists of 10 skills, which can be grouped into 3 areas:

COGNITIVE
- Decision making
- Problem solving
- Creative thinking
- Critical thinking

EMOTIONAL
- Self-awareness
- Managing emotions
- Stress management

SOCIAL
- Effective communication
- Effective relationships
- Empathy

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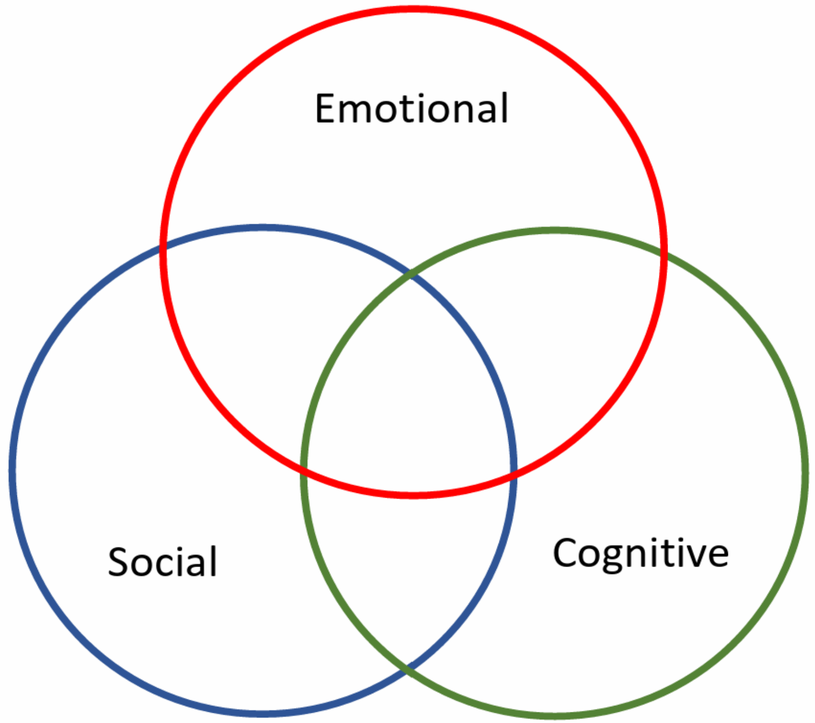
Self-Awareness
Coping with Emotions
Coping with Stress



Effective Communication
Interpersonal relationships
Empathy

Decision making
Problem solving
Creative thinking
Critical thinking

THE PROJECT

SCOPE

To develop creative teaching methods for teaching Life Skills with the aim of increasing teachers' skills.

OBJECTIVES

- To understand the theoretical basis and rationale for the concept of Life Skills in VET and evaluate it with VET students.

- To increase the creative capacity of individual teachers through specific learning of various methods and techniques on creativity in teaching and training.

- Increase the development of Life Skills in VET students.

- Validate various methods and techniques of creative teaching for the development of Life Skills in VET students.

METHODOLOGY

Project Partners → understanding → co-production

Dynamic teaching and learning process. Methods used to facilitate this active involvement include:

- group and subgroup work
- peer education
- brainstorming
- role-playing
- games and discussions

Expert organisations in Creative Teaching →

developing and conducting trainings for teachers regarding techniques for teaching the 10 Life Skills through creative methods.

Artists from various disciplines (drama, painting, music, etc.) are involved in order to create more attractive and natural learning contexts.

solve problems / think critically / think creatively / communicate effectively / build healthy relationships / empathize with others

RESULTS

At the end of the Project (April 2025), the following results will be available:

- A publication on the importance of the assessment and acquisition of Life Skills by VET students.
- A tool for self-assessment of the Life Skills of VET students.
- A compendium of creative teaching and training methods in the development of Life Skills for VET students.

PROJECT MEETINGS

Understanding

Co-producing

Training the trainers

They learn the technics to be able to teach and train

PROJECT ONSITE MEETINGS TIMELINE

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DECEMBER 2022 - NIJMEGEN, HOLLAND
KICK OFF MEETING: Presentation of the Project

MAY 2023 - VERONA, ITALY
WORKSHOPS ON THE 10 LIFE SKILLS
target audience: VET trainers involved

DECEMBER 2023 - TALLINN, ESTONIA
CO-DESIGN ORGANIZATION AND
STRUCTURE CREATIVE METHODS WORKSHOPS

APRIL 2024 - PADOVA, ITALY
target audience: CREATIVE METHODS WORKSHOPS
VET trainers involved

SEPTEMBER 2024 - LJUBLIANA, SLOVENIA
DEFINITION OF IMPLEMENTATION STRATEGY

APRIL 2025 - NIJMEGEN, HOLLAND
CLOSING CONFERENCE OF THE PROJECT

WHAT PARTICIPANTS HAVE ACHIEVED

- ✓ *They have a clear understanding about the rationale, objectives, results of the project*
- ✓ *They have experienced trainings about the 10 Life Skills*
- ✓ *They understood the way the 10 Life Skills are assessed through the developed tool and how to use it (work in progress)*
- ✓ *They are aware how the impact of the project will be determined*

TALLINN – 7 & 8 OF DECEMBER 2023

GOALS

- Partners **understand the concept of Creative Teaching**

- Partners that are the experts in Creative Teaching, are able to **match Life Skills to different approaches of Creative Teaching**.

- Participants have prepared the **Train-The-Trainer sessions** for the Transnational Meeting in Padua
  How to teach in creative manners
  How to train the trainers
  Have described the outlines of the training sessions for each Life Skill

- according to a presented format, participants understand the **method of collecting and processing information of the Life Skills Self-Assessment** tool in order to determine the norm.

TALLINN – 7th OF DECEMBER 2023

09.00 – 09.05 **Opening and Welcome**
Director TMK and Birgit Grimbergen, REA College

09.15 -10.00 **Getting to know each other**
Ingrid Scheurink, REA College

10.00 – 10.30 **Context of the project**, work done so far, work to be done and how this meeting relates to the aims of the project
Giulia Sergiampietri, DOC Servizi

10.30 – 11.00 Break

11.00 – 12.30 **Introduction about creative teaching and training**
Guus van Beek, All About Quality Consultancy (AAQC)
Veronica Perin, Forbusiness Lifeskills (4B-LS)

12.30 – 14.00 14.00 – 16.30 Lunch

TALLINN – 7th OF DECEMBER 2023

14 – 16,30 **Parallel sessions**

Co-production for development of the Train the Trainer program in Padua (IT) May 2024

Group 1
Guus van Beek, AAQC
Veronica Perin, 4B-LS
Nathan van Groeningen, CROAN

Group 2
Maurizio Chiappa and Roberto Canu, 4B-LS
Giulia Sergiampietri and Roberta Bargiggia, DOC Servizi

There is a half hour break during the sessions

TALLINN – 8th OF DECEMBER 2023

09.00 – 09.15 **Opening and reflection on day 1**
Guus van Beek, AAQC

9.15 -11.45 **Parallel sessions**
Co-production for development of the Train the Trainer program in May 2024

Group 1
Maurizio Chiappa and Roberto Canu, 4B-LS
Giulia Sergiampietri and Roberta Bargiggia, DOC Servizi

Group 2
Guus van Beek, AAQ
Veronica Perin, 4B-LS
Nathan van Groeningen, CROAN
There is a half hour break during the sessions

11.45 – 12.30 **Bi-lateral meetings** of 15 minutes with for each Project Partner with Project management team about timesheets

TALLINN – 8th OF DECEMBER 2023

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14 – 15.15 **Self-Assessment Instrument on Life Skills:**
Explanation how to collect data for determining the norm and how to use it to measure Life-Skills performance of students in VET.
Guus van Beek, AAQC

15.15 – 15.45 **Debriefing**
Birgit Grimbergen, REA College

15.45 Closure of the plenary session

16 – 16.45 **Steering group Meeting**

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PROJECT PARTNERS

REACOLLEGE

BIOTEHNIŠKI IZOBRAŽEVALNI CENTER LJUBLJANA

TALLINNA MAJANDUSKOOL

VENÈTICA

croan training & coaching

IT'S ALL ABOUT QUALITY consultancy

4BUSINESS lifeskills

Doc i professionisti dello spettacolo

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Any question?

Thank you for your attention

Giulia Sergiampietri
Doc Servizi