



Creative Learning for Life

AN ERASMUS+ PROJECT

for acquiring Life Skills
in Vocational Education
and Training



Co-funded by
the European Union



ONE AIM, TWO PILLARS

Our Creative Learning For Life project aim is to assess and develop Life Skills for students in the Vocational Education and Training system (VET) and contributing to the attractiveness of education in these institutions.

The project is based on two pillars. One pillar is **acquiring Life Skills for students in VET** and the other pillar is to **develop Life Skills training by using creative teaching and training methods**.

READY FOR LIFE

Applying Life Skills influences the way persons feel about themselves and others. Life Skills increase one's productivity, purpose, self-esteem, and self-confidence. Therefore, Life Skills are considered as 'Skills for Life', since they are relevant to many different experiences in life.

In the CL4L project, students acquire these skills in such a way that they have an **impact** on their **personal** and **professional** lives.



CREATIVE METHODS FOR TEACHERS

Creativity has become more and more important in VET. Schools and teachers need to adapt to rapidly changing contexts. Teachers need to change their way of educating students, developing new types of services, and encouraging new

ways of learning by their students. VET providers need to change the way they deliver and facilitate education in a context where traditional way of teaching and training may not be effective and attractive anymore.

Our project wants to develop **creative teaching methods** of teaching Life Skills with the aim of **increasing teachers' competences**.

LIFE SKILLS

"Life Skills are positive behavioural skills that enable a person to deal effectively with the demands and challenges of everyday life" – *World Health Organisation (WHO)*.

These Life Skills mainly include psychosocial competences and interpersonal skills. According to WHO there are 10 core Life Skills, that CL4L project assumes as subject to be assessed, developed and trained in the VET system:

- Coping With Emotions
- Coping With Stress
- Empathy
- Self-Awareness Building
- Interpersonal Relationship
- Problem Solving
- Critical Thinking
- Effective Communication
- Decision Making
- Creative Thinking



RESULTS

At the end of the project, the following results will be available:

A **publication** about the importance of assessing and acquiring Life Skills by students in VET.

A **Self-Assessment instrument** for assessing Life Skills for students in VET.

A **compendium** of successful Creative Teaching and Training methods in Life Skills Development for students in VET.



INTERNATIONAL COOPERATION

In the project, co-funded by the **Erasmus+ Program**, having 4 VET-providers from 4 countries, having 2 expert partners in Creative Teaching from 2 countries, having 2 expert partners in Life Skills from 2 countries.

We believe that learning from each other makes us stronger.

4 **VET-providers in 4 EU Countries**
The Netherlands, Slovenia, Estonia, Italy

2 **expert partners**
in Life Skills

2 **expert partners**
in Creative Teaching





PROJECT PARTNERS

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